

# Evaluation of the Impact of the Trivedi Effect<sup>®</sup>-Energy of Consciousness on the Structure and Isotopic Abundance Ratio of Magnesium Gluconate Using LC-MS and NMR Spectroscopy

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**Abstract:** Magnesium gluconate is a classical pharmaceutical/nutraceutical compound used as a magnesium ion source for the prevention and treatment of hypomagnesemia. The present study was aimed to investigate the effect of The Trivedi Effect<sup>®</sup> - Energy of Consciousness Healing Treatment (Biofield Energy Healing Treatment) on magnesium gluconate for the change in the structural properties and isotopic abundance ratio ( $P_{M+1}/P_M$  and  $P_{M+2}/P_M$ ) using LC-MS and NMR spectroscopy. Magnesium gluconate was divided into two parts – one part was control, and another part was treated with The Trivedi Effect<sup>®</sup> - Biofield Energy Healing Treatment remotely by twenty renowned Biofield Energy Healers and defined as The Trivedi Effect<sup>®</sup> Treated sample. The LC-MS analysis of both the control and treated samples indicated the presence of mass of the protonated magnesium gluconate at  $m/z$  415 at the retention time of 1.52 min and fragmentation pattern of the both sample were almost similar. The relative peak intensities of the fragment ions were significantly changed in the treated sample compared with the control sample. The proton and carbon signals for CH, CH<sub>2</sub> and CO groups in the proton and carbon NMR spectra were observed almost similar for the control and the treated samples. The percentage change in the isotopic abundance ratio of  $P_{M+1}/P_M$  (<sup>2</sup>H/<sup>1</sup>H or <sup>13</sup>C/<sup>12</sup>C or <sup>17</sup>O/<sup>16</sup>O or <sup>25</sup>Mg/<sup>24</sup>Mg) was significantly decreased in the treated sample by 17.51% compared with the control sample. Consequently, the isotopic abundance ratio of  $P_{M+2}/P_M$  (<sup>18</sup>O/<sup>16</sup>O or <sup>26</sup>Mg/<sup>24</sup>Mg) in the treated sample was significantly increased by 79.44% compared to the control sample. Briefly, <sup>13</sup>C, <sup>2</sup>H, <sup>17</sup>O, and <sup>25</sup>Mg contributions from (C<sub>12</sub>H<sub>23</sub>MgO<sub>14</sub>)<sup>+</sup> to  $m/z$  416; <sup>18</sup>O and <sup>26</sup>Mg contributions from (C<sub>12</sub>H<sub>23</sub>MgO<sub>14</sub>)<sup>+</sup> to  $m/z$  417 in treated sample were significantly altered compared with the control sample. Thus, The Trivedi Effect<sup>®</sup> Treated magnesium gluconate might be supportive to design the novel potent enzyme inhibitors using its kinetic isotope effects. Consequently, The Trivedi Effect<sup>®</sup> Treated magnesium gluconate would be valuable for designing better pharmaceutical and/or nutraceutical formulations through

its changed physicochemical and thermal properties, which might be providing better therapeutic response against various diseases such as diabetes mellitus, allergy, aging, inflammatory diseases, immunological disorders, and other chronic infections.

**Keywords:** Magnesium Gluconate, Biofield Energy Healing Treatment, Consciousness Energy Healing Treatment, Biofield Energy Healers, The Trivedi Effect<sup>®</sup>, LC-MS, NMR, Isotopic Abundance Ratio, Isotope Effect

## 1. Introduction

Magnesium gluconate is a classical pharmaceutical/nutraceutical compound used for the source of magnesium ion, a major and essential mineral in the human body [1]. Magnesium is a vital element for more than 300 enzymes, DNA and RNA synthesis, reproduction and protein synthesis as well as a vital coherent controller of glycolysis and the Krebs cycle [2, 3]. Hypomagnesemia may cause several diseases and disorders [4-7]. Magnesium gluconate is found to be the most physiologically acceptable antioxidant and showed the highest level of bioavailability of magnesium among the commercially available magnesium salts such as chloride, sulfate, citrate, lactate, aspartate, etc. [8-10]. Thus, magnesium gluconate has the important application for the prevention and treatment of diabetes mellitus, allergies, cardiovascular diseases, septic shock, inflammatory diseases, immunological disorders, arrhythmias, acute myocardial infarction, gestational hypertension, preeclampsia, eclampsia, Alzheimer's disease, cancer, and oxidative stress induced ischemia/reperfusion injury [4-7, 9-11]. It can be used as neuroprotective [12], an oral tocolytic agent [13], and also in a skin-tightening cosmetic composition [14]. Subsequently, magnesium gluconate was considered as one of the components in a novel proprietary herbomineral formulation, which is designed as nutraceutical for the source of magnesium ion.

Since ancient times, many different cultures, religions and systems of belief have recognized a living force that preserves and inhabits every living organism. This force is the source of 'life' and has been called various names, such as prana by the Hindus, *qi* or *chi* by the Chinese, and *ki* by the Japanese. This is believed to co-relate with the soul, spirit and mind. This hypothetical vital force has been scientifically evaluated and is now considered the Bioenergetics Field. The Biofield Energy is a dynamic electromagnetic field surrounding the human body, resulting from the continuous emission of low-level light, heat, and acoustical energy from the body. Biofield Energy is infinite, para-dimensional and can freely flow between the human and environment [15]. F. Sances *et al.* reported that Biofield Energy can be transmitted into any living organism (s) or nonliving object (s) around the globe with scientifically measurable effect through the intentional mental energies by specific energy healers [16]. The object or recipient always receives the energy from the ionosphere of the earth, the "universal energy field" and responds in a useful way. This process is known as The Trivedi Effect<sup>®</sup> - Biofield Energy Healing Treatment [17, 18]. Biofield (Putative Energy Field) based Energy Therapies are used worldwide to promote

health and healing. The National Center of Complementary and Integrative Health (NCCIH) has recognized and accepted Biofield Energy Healing as a Complementary and Alternative Medicine (CAM) health care approach in addition to other therapies, medicines and practices such as natural products, deep breathing, yoga, Tai Chi, Qi Gong, chiropractic/osteopathic manipulation, meditation, massage, special diets, homeopathy, progressive relaxation, guided imagery, acupressure, acupuncture, relaxation techniques, hypnotherapy, healing touch, movement therapy, pilates, rolfing structural integration, mindfulness, Ayurvedic medicine, traditional Chinese herbs and medicines, naturopathy, essential oils, aromatherapy, Reiki, cranial sacral therapy and applied prayer (as is common in all religions, like Christianity, Hinduism, Buddhism and Judaism) [19]. Biofield Energy Treatment (The Trivedi Effect<sup>®</sup>) has been drawn attention more in the recent times for its scientifically measurable capability to transform the characteristic properties of a wide varieties living and non-living substances such as microbes [20, 21], cancer cells [22], plants [23, 24], animals [25], medium [26, 27], materials [28, 29], pharmaceuticals [30, 31], nutraceuticals [32, 33], organic compounds [34, 35]. The scientific study indicated that Biofield Energy Healing Treatment (The Trivedi Effect<sup>®</sup>) might be an alternate method for increasing or decreasing the natural isotopic abundance ratio of the substances [36-39]. The stable isotope ratio analysis has the broad application in several scientific fields for understanding the isotope effects resulting from the difference of the isotopic composition of the molecule [40, 41]. Conventional mass spectrometry (MS) techniques such as liquid chromatography-mass spectrometry (LC-MS), gas chromatography-mass spectrometry (GC-MS) are extensively used for isotope ratio analysis with sufficient precision [42]. Hence, LC-MS and NMR (Nuclear Magnetic Resonance) methods were applied in this research work to depict the structural properties of the Biofield Energy Treated and untreated magnesium gluconate. Consequently, the authors sought to explore the impact of The Trivedi Effect<sup>®</sup> (Consciousness Energy Healing Treatment) on the isotopic abundance ratios of  $P_{M+1}/P_M$  and  $P_{M+2}/P_M$  in magnesium gluconate using LC-MS based isotopic abundance ratio analysis in both the Biofield Energy Treated and untreated samples.

## 2. Materials and Methods

### 2.1. Chemicals and Reagents

Magnesium gluconate hydrate was purchased from Tokyo

Chemical Industry Co., Ltd. (TCI), Japan. All other chemicals used in the experiment were of analytical grade available in India.

## 2.2. Energy of Consciousness Healing Treatment Strategies

Magnesium gluconate was one of the components of the new proprietary herbomineral formulation, which was developed by our research team and was used *per se* as the test compound for the current study. The test compound was divided into two parts, one part of the test compound did not receive any sort of treatment and was defined as the untreated or control magnesium gluconate sample. The second part of the test compound was subjected to The Trivedi Effect® - Energy of Consciousness Healing Treatment (Biofield Energy Healing Treatment) by a group of twenty renowned Biofield Energy Healers remotely and was denoted as The Trivedi Effect® - Biofield Energy treated sample. Thirteen Biofield Energy Healers were remotely located in the U. S. A., five were located in Canada, and two were located in Australia, while the test compound was located in the research laboratory of GVK Biosciences Pvt. Ltd., Hyderabad, India. The Trivedi Effect® - Energy of Consciousness Healing Treatment (Biofield Energy Healing Treatment) was provided for 5 minutes through the Healer's Unique Energy Transmission process remotely to the test compound, which was kept under laboratory conditions. None of the Biofield Energy Healers in this study visited the laboratory in person, nor had any contact with the compounds. Similarly, the control compound was subjected to "sham" healer for 5 minutes, under the same laboratory conditions. The sham healer did not have any knowledge about the Biofield Energy Treatment. After that, The Trivedi Effect® treated and untreated samples were kept in similar sealed conditions and characterized thoroughly by LC-MS and NMR spectroscopy.

## 2.3. Liquid Chromatography Mass Spectrometry (LC-MS) Analysis

Liquid chromatography was performed using The Waters® ACQUITY UPLC, Milford, MA, USA equipped with a binary pump (The Waters® BSM HPLC pump), autosampler, column heater and a photo-diode array (PDA) detector. The column used for the study was a reversed phase Acquity BEH shield RP C18 (150 X 3.0 mm, 2.5 µm). The column temperature was kept constant at 40°C. The mobile phase was 2mM ammonium acetate in water as mobile phase A and acetonitrile as mobile phase B. Chromatographic separation was achieved with following gradient program: 0 min – 5%B; 1 min – 5%B; 15 min - 97%B; 20 min – 97%B; 21 min – 5%B; 25 min – 5%B. The flow rate was at a constant flow rate of 0.4 mL/min. The control and treated samples were dissolved in a mixture of water and methanol (60:40 v/v) to prepare a 1 mg/mL stock solution. An aliquot of 2 µL of the stock solution was used for analysis by LC-ESI-MS and the total run time was 25 min. Mass spectrometric analysis was accompanied on a Triple Quad (Waters Quattro Premier XE,

USA) mass spectrometer equipped with an electrospray ionization (ESI) source with the following parameters: electrospray capillary voltage 3.5 kV; source temperature 100°C; desolvation temperature 350°C; cone voltage 30. V; desolvation gas flow 1000 L/h and cone gas flow 60 L/h. Nitrogen was used in the electrospray ionization source. The multiplier voltage was set at 650 V. LC-MS was taken in positive ionization mode and with the full scan ( $m/z$  50-1400). The total ion chromatogram, % peak area and mass spectrum of the individual peak (appeared in LC) were recorded.

## 2.4. Isotopic Abundance Ratio Analysis

The relative intensity of the peak in the mass spectra is directly proportional to the relative isotopic abundance of the molecule and the isotopic abundance ratio analysis was followed by the scientific literature reported [36-39] method described as below:

$P_M$  stands for the relative peak intensity of the parent molecular ion  $[M^+]$  expressed in percentage. In other way, it indicates the probability to  $A$  elements having only one natural isotope in appreciable abundance (for *e. g.*  $^{12}\text{C}$ ,  $^1\text{H}$ ,  $^{16}\text{O}$ ,  $^{24}\text{Mg}$ , etc.) contributions to the mass of the parent molecular ion  $[M^+]$ .

$P_{M+1}$  represents the relative peak intensity of the isotopic molecular ion  $[(M+1)^+]$  expressed in percentage  
 $= (\text{no. of } ^{13}\text{C} \times 1.1\%) + (\text{no. of } ^{15}\text{N} \times 0.40\%) + (\text{no. of } ^2\text{H} \times 0.015\%) + (\text{no. of } ^{17}\text{O} \times 0.04\%) + (\text{no. of } ^{25}\text{Mg} \times 12.66\%)$

*i.e.* the probability to  $A + 1$  elements having an isotope that has one mass unit heavier than the most abundant isotope (for *e. g.*  $^{13}\text{C}$ ,  $^2\text{H}$ ,  $^{17}\text{O}$ ,  $^{25}\text{Mg}$ , etc.) contributions to the mass of the isotopic molecular ion  $[(M+1)^+]$ .

$P_{M+2}$  represents the relative peak intensity of the isotopic molecular ion  $[(M+2)^+]$  expressed in the percentage  
 $= (\text{no. of } ^{18}\text{O} \times 0.20\%) + (\text{no. of } ^{26}\text{Mg} \times 13.94\%)$

*i.e.* the probability to have  $A + 2$  elements having an isotope that has two mass unit heavier than the most abundant isotope (for *e. g.*  $^{18}\text{O}$ ,  $^{26}\text{Mg}$ , etc.) contributions to the mass of isotopic molecular ion  $[(M+2)^+]$ .

**Table 1.** The isotopic composition (*i.e.* the natural isotopic abundance) of the elements.

Element	Symbol	Mass	% Natural Abundance	A+1 Factor	A+2 Factor
Hydrogen	$^1\text{H}$	1	99.9885		
	$^2\text{H}$	2	0.0115	0.015 $n_{\text{H}}$	
Carbon	$^{12}\text{C}$	12	98.892		
	$^{13}\text{C}$	13	1.108	1.1 $n_{\text{C}}$	
Oxygen	$^{16}\text{O}$	16	99.762		
	$^{17}\text{O}$	17	0.038	0.04 $n_{\text{O}}$	
	$^{18}\text{O}$	18	0.200		0.20 $n_{\text{O}}$
Magnesium	$^{24}\text{Mg}$	24	78.99		
	$^{25}\text{Mg}$	25	10.00	12.66 $n_{\text{Mg}}$	
	$^{26}\text{Mg}$	26	11.01		13.94 $n_{\text{Mg}}$

A represents element, n represents the number of the element (*i.e.* C, H, O, Mg, etc.)

The value of the natural isotopic abundance of the elements used here for the theoretical calculation are

achieved from the scientific literature and are presented in the Table 1 [43, 44].

Isotopic abundance ratio for  $A + 1$  elements =  $P_{M+1}/P_M$

Similarly, isotopic abundance ratio for  $A + 2$  elements =  $P_{M+2}/P_M$

Percentage (%) change in isotopic abundance ratio =  $[(IAR_{Treated} - IAR_{Control}) / IAR_{Control}] \times 100$

Where,  $IAR_{Treated}$  = isotopic abundance ratio in the Biofield Energy Treated sample and  $IAR_{Control}$  = isotopic abundance ratio in the control sample.

## 2.5. Nuclear Magnetic Resonance (NMR) Analysis

$^1H$  NMR spectra were recorded in a 400 MHz VARIAN FT-NMR spectrometer at room temperature. Data refer to solutions in  $D_2O$  with the residual solvent protons as internal references.  $^1H$  NMR multiplicities were designated as singlet (s), doublet (d), triplet (t), multiplet (m), and broad (br).  $^{13}C$  NMR spectra were measured at 100 MHz on a VARIAN FT-NMR spectrometer at room temperature. Chemical shifts ( $\delta$ )

were in parts per million (ppm) relative to the solvent's residual proton chemical shift ( $D_2O$ ,  $\delta = 4.65$  ppm) and solvent's residual carbon chemical shift ( $D_2O$ ,  $\delta = 0$  ppm).

## 3. Results and Discussion

### 3.1. Liquid Chromatography-Mass Spectrometry (LC-MS) Analysis

The liquid chromatograms of both the control and treated magnesium gluconate (Figure 1) showed a sharp and narrow peak at the retention time ( $R_t$ ) of 1.52 min. This finding indicated that the polarity/affinity of the Trivedi Effect® - Biofield Energy Treated sample remained same compared with the control sample.

The ESI-MS spectra of both the control and treated magnesium gluconate at  $R_t$  of 1.52 min (Figure 2) exhibited the presence of the mass of magnesium gluconate at  $m/z$  415  $[M + H]^+$  (calcd for  $C_{12}H_{23}MgO_{14}^+$ , 415).

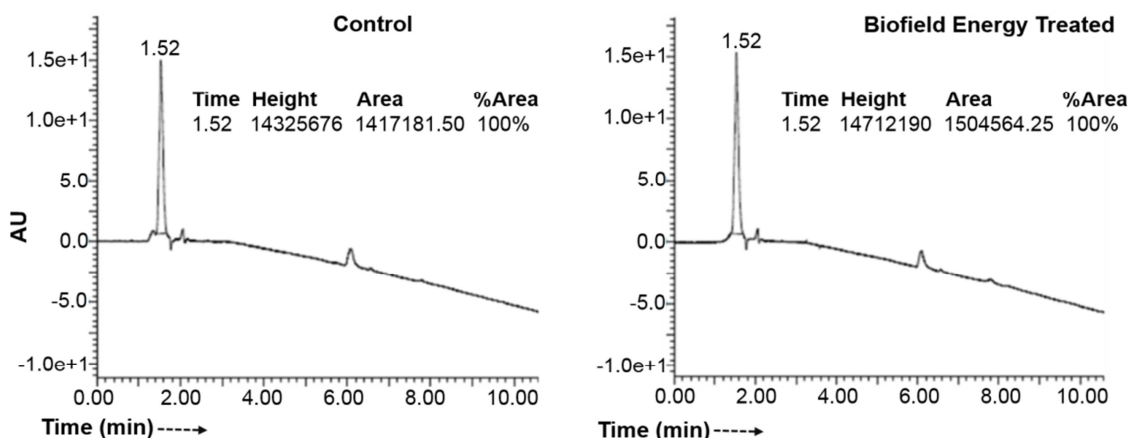


Figure 1. Liquid chromatograms of the control and Biofield Energy Treated magnesium gluconate.

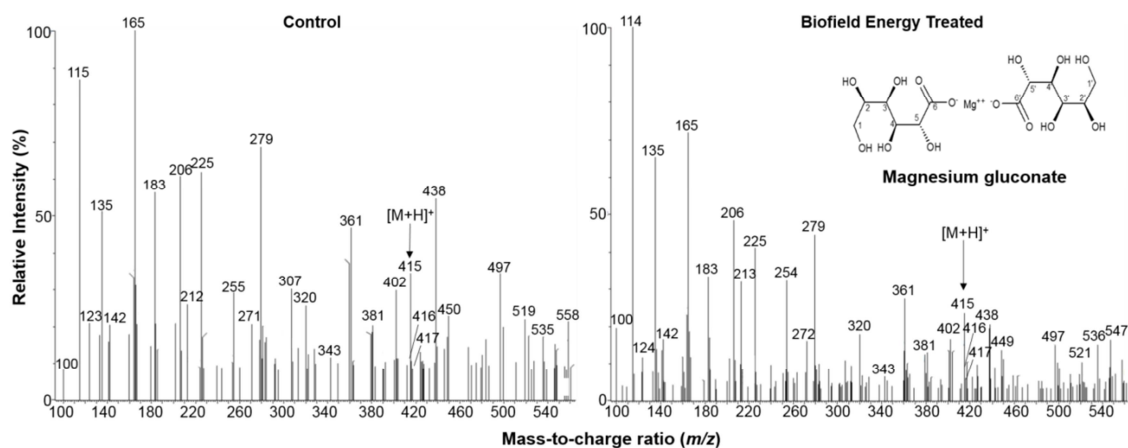


Figure 2. The ESI-MS spectra of the control and Biofield Energy Treated magnesium gluconate.

The typical fragment ion peaks in the lower  $m/z$  region of the protonated magnesium gluconate ion  $[M]^+$  ( $m/z$  415) were observed in both the control and treated samples at  $m/z$  402  $[M - H_2O + 6H]^+$  (calcd for  $C_{12}H_{26}MgO_{13}^{4+}$ , 402), 381  $[M - 2H_2O + 3H]^+$  (calcd for  $C_{12}H_{21}MgO_{12}^+$ , 381), 361  $[M - 3H_2O$

$+ H]^+$  (calcd for  $C_{12}H_{17}MgO_{11}^+$ , 361), and 343  $[M - 4H_2O + H]^+$  (calcd for  $C_{12}H_{15}MgO_{10}^+$ , 343). The fragment ion peaks at  $m/z$  320, 307, 279, 225, 206, 183, 165, 142, 135, and 100 which correspond to the following molecular formula  $C_{10}H_{16}MgO_{10}^+$ ,  $C_9H_{15}MgO_{10}^+$ ,  $C_9H_3MgO_9^{2+}$ ,  $C_8H_9MgO_6^+$ ,

$C_8H_6MgO_5^{2+}$ ,  $C_6H_7MgO_5^+$ ,  $C_5H_9O_6^+$ ,  $C_5H_2O_5^{2+}$ ,  $C_5H_{11}O_4^+$ , and  $C_4H_4O_3^{2+}$ , respectively as shown in the Figure 3 were

observed in the ESI-MS spectra of both the control and treated samples (Figure 2).

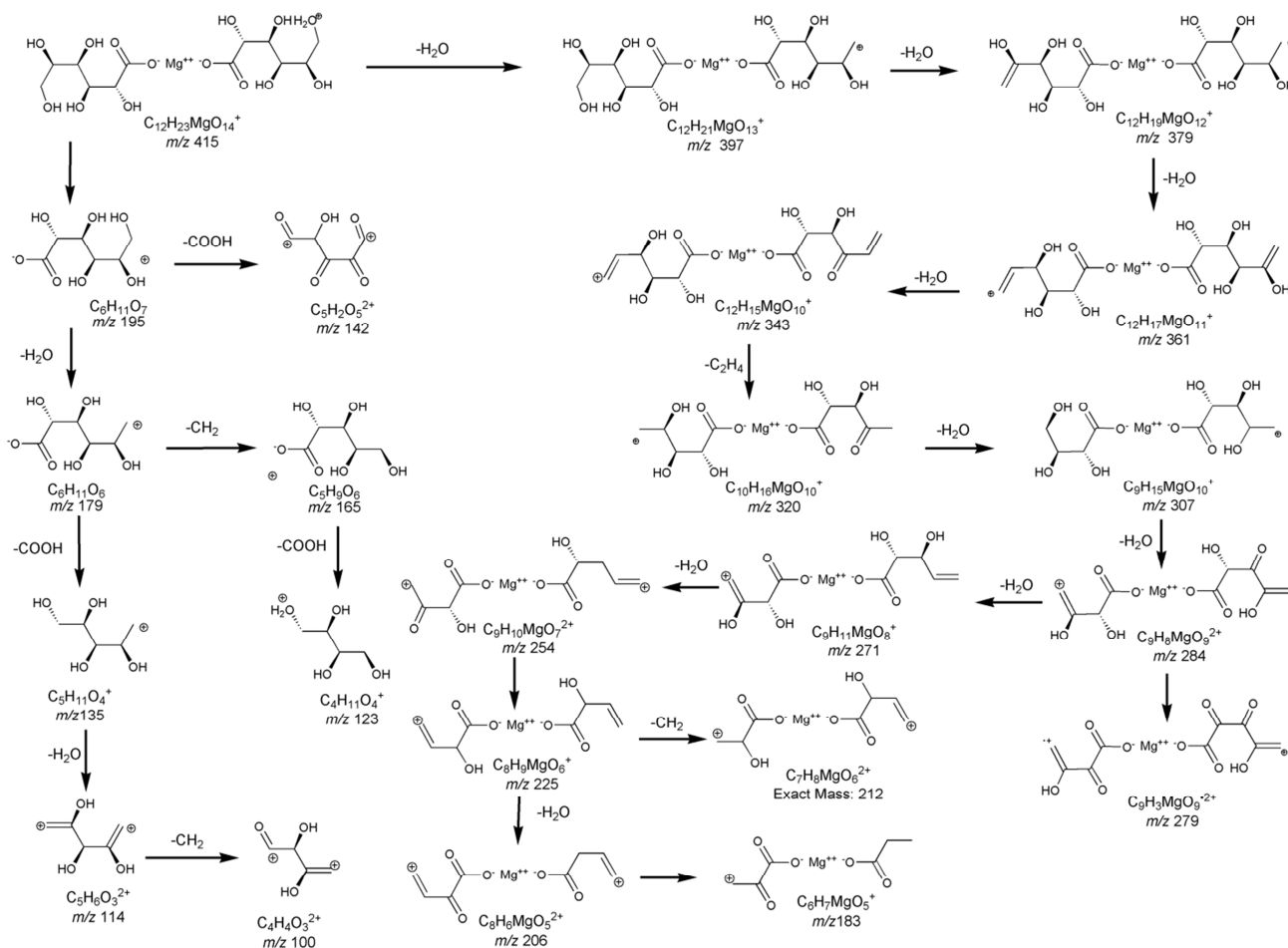


Figure 3. Proposed fragmentation pathway of magnesium gluconate.

Besides, the fragment ion peak at  $m/z$  255, 212, 123 and 115 corresponding to the molecular formula  $C_9H_{11}MgO_7^+$ ,  $C_7H_8MgO_6^{2+}$ ,  $C_4H_{11}O_4^+$ , and  $C_5H_7O_3^+$ , respectively were only found in the control sample. Consequently, the fragment ion peaks at  $m/z$  254, 213, 124, and 114 corresponding to the molecular formula  $C_9H_{10}MgO_7^{2+}$ ,  $C_7H_9MgO_6^+$ ,  $C_4H_{12}O_4^{2+}$ , and  $C_5H_6O_3^{2+}$  were observed in the ESI-MS spectrum of the treated sample. The ESI-MS spectra of the control and treated samples (Figure 2) exhibited almost similar type fragmentation pattern. The fragment ion peak at  $m/z$  165 corresponding to  $C_5H_9O_6^+$  showed 100% relative peak intensity in the ESI-MS spectrum of the control sample, while the highest intense peak was observed in the ESI-MS spectrum of the treated sample at  $m/z$  114 corresponding to  $C_5H_6O_3^{2+}$  (Figure 2). The relative peak intensities of the other ion peaks in the treated sample were significantly altered compared with the control sample.

### 3.2. Isotopic Abundance Ratio Analysis

The molecular formula of magnesium gluconate is  $C_{12}H_{22}MgO_{14}$ . But, it existed as a protonated molecular ion at  $m/z$  415 ( $C_{12}H_{23}MgO_{14}^+$ ) in the ESI-MS spectrum of the control sample that exhibited 34.73% relative intensity. The

theoretical calculation of  $P_{M+1}$  and  $P_{M+2}$  for the protonated magnesium gluconate in the control sample was presented as below:

$$P(^{13}C) = [(12 \times 1.1\%) \times 34.73\% \text{ (the actual size of the } M^+ \text{ peak)}] / 100\% = 4.58\%$$

$$P(^2H) = [(23 \times 0.015\%) \times 34.73\%] / 100\% = 0.12\%$$

$$P(^{17}O) = [(14 \times 0.04\%) \times 34.73\%] / 100\% = 0.19\%$$

$$P(^{25}Mg) = [(1 \times 12.66\%) \times 34.73\%] / 100\% = 4.40\%$$

$$P_{M+1} \text{ i. e. } ^{13}C, ^2H, ^{17}O, \text{ and } ^{25}Mg \text{ contributions from } (C_{12}H_{23}MgO_{14})^+ \text{ to } m/z \text{ 416} = 9.29\%$$

From the above calculation, it has been found that  $^{13}C$  and  $^{25}Mg$  have major contribution to  $m/z$  416.

In the similar way,  $P_{M+2}$  can be calculated as follow:

$$P(^{18}O) = [(14 \times 0.20\%) \times 34.73\%] / 100\% = 0.97\%$$

$$P(^{26}Mg) = [(1 \times 13.94\%) \times 34.73\%] / 100\% = 4.84\%$$

$$\text{So, } P_{M+2} \text{ i.e. } ^{18}O \text{ and } ^{26}Mg \text{ contributions from } (C_{12}H_{23}MgO_{14})^+ \text{ to } m/z \text{ 417} = 5.81\%$$

The calculated isotopic abundance ratios of  $P_{M+1}/P_M$  and  $P_{M+2}/P_M$  were near to the observed value (Table 2). The above calculation indicated that  $^{13}C$  and  $^{25}Mg$  have the major contributions from magnesium gluconate to the isotopic peaks.

LC-MS spectra of the control and treated samples indicated the presence of the mass for the protonated

magnesium gluconate ( $m/z$  415). Hence,  $P_M$ ,  $P_{M+1}$ ,  $P_{M+2}$  for magnesium gluconate at  $m/z$  415, 416 and 417 of the control and Biofield Energy Treated samples were obtained from the observed relative peak intensities of  $[M]^+$ ,  $[(M+1)^+]$ , and  $[(M+2)^+]$  peaks, respectively in the respective ESI-MS spectra are presented in Table 2.

**Table 2.** Isotopic abundance analysis results of the magnesium gluconate ion in the control and Biofield Energy Treated sample.

Parameter	Control sample	Biofield Energy Treated sample
$P_M$ at $m/z$ 415 (%)	34.73	23.50
$P_{M+1}$ at $m/z$ 416 (%)	10.66	5.95
$P_{M+1}/P_M$	0.3069	0.2532
% Change of isotopic abundance ratio ( $P_{M+1}/P_M$ ) with respect to the control sample		-17.51
$P_{M+2}$ at $m/z$ 417 (%)	8.45	10.26
$P_{M+2}/P_M$	0.2433	0.4366
% Change of isotopic abundance ratio ( $P_{M+2}/P_M$ ) with respect to the control sample		79.44

$P_M$  = the relative peak intensity of the parent molecular ion  $[M]^+$ ;  $P_{M+1}$  = the relative peak intensity of the isotopic molecular ion  $[(M+1)^+]$ ,  $P_{M+2}$  = the relative peak intensity of the isotopic molecular ion  $[(M+2)^+]$ , and  $M$  = mass of the parent molecule.

The isotopic abundance ratio of  $P_{M+1}/P_M$  in the treated sample was significantly decreased by 17.51% compared with the control sample (Table 2). Consequently, the percentage change in the isotopic abundance ratio of  $P_{M+2}/P_M$  was significantly increased by 79.44% in the treated sample compared to the control sample. Thus,  $^{13}\text{C}$ ,  $^2\text{H}$ ,  $^{17}\text{O}$ , and  $^{25}\text{Mg}$  contributions from  $(\text{C}_{12}\text{H}_{23}\text{MgO}_{14})^+$  to  $m/z$  416;  $^{18}\text{O}$  and  $^{26}\text{Mg}$  contributions from  $(\text{C}_{12}\text{H}_{23}\text{MgO}_{14})^+$  to  $m/z$  417 in the treated sample were significantly altered compared with the control sample.

Scientific literature [37-39, 45] reported that the vibrational energy is closely related with the reduced mass ( $\mu$ ) of the compound and the alteration of the vibrational energy can affect the several properties like physicochemical, thermal properties of the molecule. The relation between the vibrational energy and the reduced mass ( $\mu$ ) for a diatomic molecule (Equation 1) is expressed as below [42, 45]:

$$E_0 = \frac{h}{4\pi} \sqrt{\frac{f}{\mu}} \quad (1)$$

Where  $E_0$  = the vibrational energy of a harmonic oscillator at absolute zero or zero point energy,  $f$  = force constant

$$\mu = \text{reduced mass} = \frac{m_a m_b}{m_a + m_b}$$

Where  $m_a$  and  $m_b$  are the masses of the constituent atoms.

The alteration in the isotopic abundance ratios of  $^{13}\text{C}/^{12}\text{C}$  for C-O;  $^2\text{H}/^1\text{H}$  for C-H and O-H bonds;  $^{17}\text{O}/^{16}\text{O}$  and  $^{18}\text{O}/^{16}\text{O}$  for C-O bond;  $^{25}\text{Mg}/^{24}\text{Mg}$ ,  $^{26}\text{Mg}/^{24}\text{Mg}$ ,  $^{17}\text{O}/^{16}\text{O}$  and  $^{18}\text{O}/^{16}\text{O}$  for Mg-O bond have the significant impact on the ground state vibrational energy of the molecule due to the higher reduced mass ( $\mu$ ) as shown in the Table 3 that leads to the isotope effects of the molecule.

**Table 3.** Possible isotopic bond and their effect in the vibrational energy in magnesium gluconate molecule.

SL No.	Probable isotopic bond	Isotope type	Reduced mass ( $\mu$ )	Zero point vibrational energy ( $E_0$ )
1	$^{12}\text{C}-^{12}\text{C}$	Lighter	6.00	Higher
2	$^{13}\text{C}-^{12}\text{C}$	Heavier	6.26	Smaller
3	$^1\text{H}-^{12}\text{C}$	Lighter	0.92	Higher
4	$^2\text{H}-^{12}\text{C}$	Heavier	1.04	Smaller
5	$^{12}\text{C}-^{16}\text{O}$	Lighter	6.86	Higher
6	$^{13}\text{C}-^{16}\text{O}$	Heavier	7.17	Smaller
7	$^{12}\text{C}-^{17}\text{O}$	Heavier	7.03	Smaller
8	$^{12}\text{C}-^{18}\text{O}$	Heavier	7.20	Smaller
9	$^{16}\text{O}-^1\text{H}$	Lighter	0.94	Higher
10	$^{16}\text{O}-^2\text{H}$	Heavier	1.78	Smaller
11	$^{24}\text{Mg}-^{16}\text{O}$	Lighter	9.60	Higher
12	$^{25}\text{Mg}-^{16}\text{O}$	Heavier	9.76	Smaller
13	$^{26}\text{Mg}-^{16}\text{O}$	Heavier	9.91	Smaller
14	$^{24}\text{Mg}-^{17}\text{O}$	Heavier	9.95	Smaller
15	$^{24}\text{Mg}-^{18}\text{O}$	Heavier	10.29	Smaller

Mass spectroscopic analysis of the several organic compounds revealed that the isotopic abundance of  $[M+1]^+$  and  $[M+2]^+$  ions were increased or decreased, thereby suggesting the change in number of neutrons in the molecule. It was then postulated to the alterations in atomic mass and atomic charge through possible mediation of neutrino oscillation [37-39, 46]. Thus, it is assumed that The Trivedi Effect<sup>®</sup> - Consciousness Energy Healing Treatment might offer the required energy for the neutrino oscillations. The changes of neutrinos inside the molecule in turn modified the particle size, chemical reactivity, density, thermal behavior, selectivity, binding energy, etc. [46]. Kinetic isotope effect that is resultant from the variation in the isotopic abundance ratio of one of the atoms in the reactants in a chemical reaction is very useful to study the reaction mechanism as well as for understanding the enzymatic transition state and all aspects of enzyme mechanism that is supportive for designing enormously effective and specific inhibitors [42, 45, 47]. As magnesium is an essential cofactor for various enzymatic reactions, treated magnesium gluconate that had altered isotopic abundance ratio might be advantageous for the study of enzyme mechanism as well as support in the designing of novel potent enzyme inhibitors.

### 3.3. Nuclear Magnetic Resonance (NMR) Analysis

The  $^1\text{H}$  and  $^{13}\text{C}$  NMR spectra of the control and treated magnesium gluconate are presented in the Figures 4 and 5, respectively. Consequently, NMR assignments of the control and treated magnesium gluconate are shown in the Table 4. Although magnesium gluconate contains a large number of hydroxyl (OH) groups, the proton spectra of both the control and treated samples did not show any signal for the hydroxyl protons due to the replacement of the hydroxyl protons by deuterium from deuterated water, which was used as solvent for spectra recording.

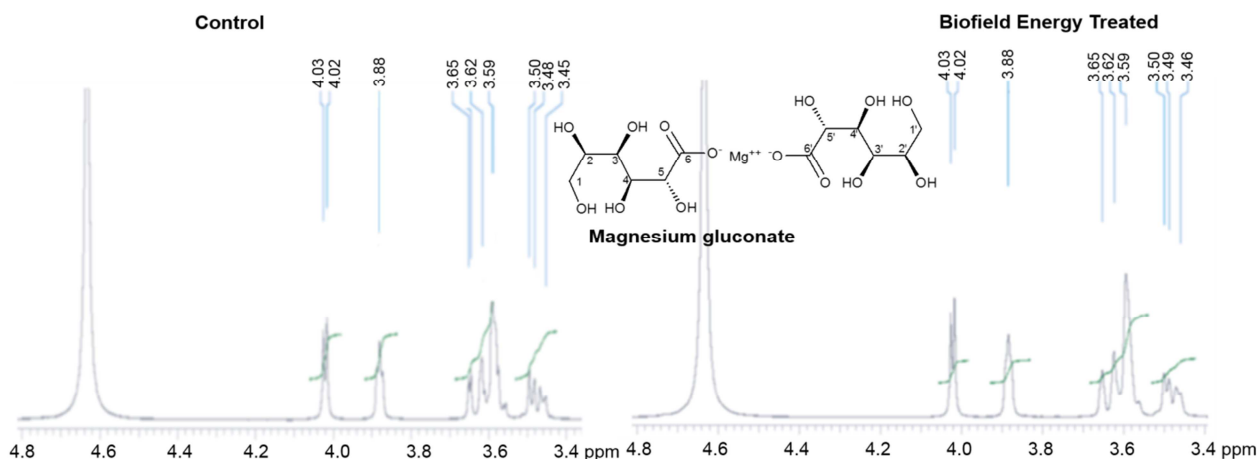


Figure 4. The <sup>1</sup>H NMR spectra of the control and Biofield Energy Treated magnesium gluconate.

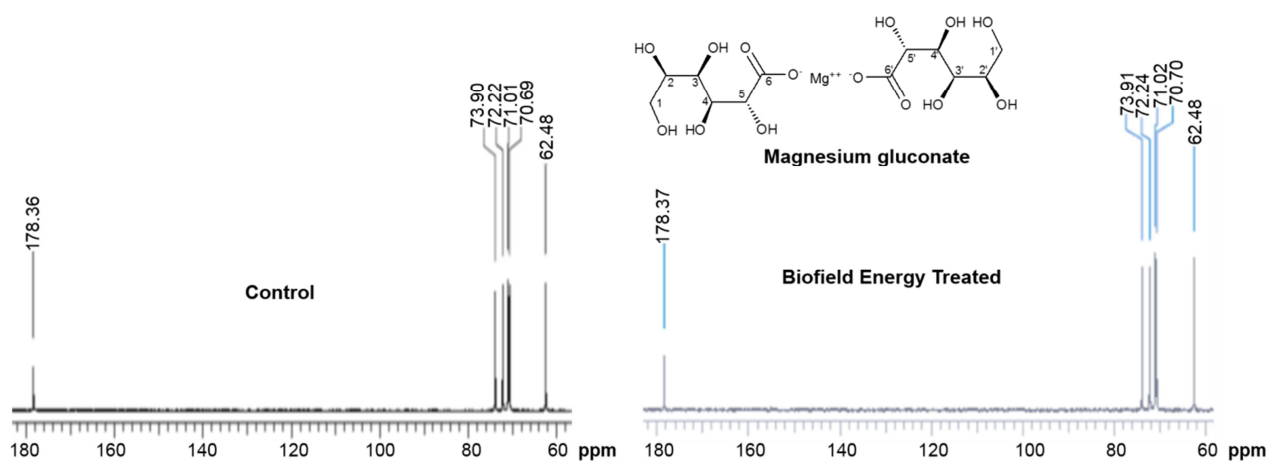


Figure 5. The <sup>13</sup>C NMR spectra of the control and Biofield Energy Treated magnesium gluconate.

Table 4. <sup>1</sup>H NMR and <sup>13</sup>C NMR spectroscopic data of both the control and Biofield Energy Treated of magnesium gluconate.

Position	<sup>1</sup> H NMR δ (ppm)	<sup>13</sup> C NMR δ (ppm)			
	Number	Control	Treated	Control	Treated
1, 1'	4H*	3.65 (br s), 3.48 (dd, <i>J</i> = 12, 8 Hz)	3.65 (br s), 3.48 (dd, <i>J</i> = 12, 4 Hz)	62.48	62.48
2, 2'	2H*	3.59 (br s)	3.59 (br s)	70.69	70.70
3, 3'	2H*	3.62 (br s)	3.62 (br s)	71.01	71.02
4, 4'	2H	3.88 (br s)	3.88 (br s)	72.22	72.24
5, 5'	2H	4.02 (d, <i>J</i> = 4 Hz)	4.02 (d, <i>J</i> = 4 Hz)	73.90	73.91
6, 6'	--	--	--	178.36	178.37

br- broad, s- singlet, and m- multiplet, \* These assignments can be switched.

The signals for the protons coupling of CH<sub>2</sub> group and adjacent CH protons (2-5) in the gluconic acid portion were observed in the control and treated samples in the range of δ 3.48 to 4.02 ppm (Table 4), which was almost in accordance with the proton spectrum of sodium gluconate [48]. Similarly, the carbon signals for CO group, CH<sub>2</sub> and CH groups in the <sup>13</sup>C NMR spectrum of the treated sample were almost similar compared with the control sample (Table 4). So, the structure of the magnesium gluconate in the treated sample remained same with the control sample.

## 4. Conclusions

The present study described the structural characterization of magnesium gluconate using LC-MS and NMR techniques with a significant impact of The Trivedi Effect<sup>®</sup> - Energy of Consciousness Healing Treatment (Biofield Energy Healing) on the isotopic abundance ratio of P<sub>M+1</sub>/P<sub>M</sub> and P<sub>M+2</sub>/P<sub>M</sub>. The LC-MS analysis of the both control and treated samples indicated the presence of the mass of the protonated magnesium gluconate at *m/z* 415 at



the retention time of 1.52 min with similar fragmentation pattern. But, the relative peak intensities of the fragment ions of the treated sample were significantly altered compared with the control sample. The isotopic abundance ratio of  $P_{M+1}/P_M$  ( $^2\text{H}/^1\text{H}$  or  $^{13}\text{C}/^{12}\text{C}$  or  $^{17}\text{O}/^{16}\text{O}$  or  $^{25}\text{Mg}/^{24}\text{Mg}$ ) was significantly decreased in the treated sample by 17.51% compared with the control sample. Consequently, the percentage change in the isotopic abundance ratio of  $P_{M+2}/P_M$  ( $^{18}\text{O}/^{16}\text{O}$  or  $^{26}\text{Mg}/^{24}\text{Mg}$ ) was significantly increased by 79.44% in the treated sample compared to the control sample. Briefly,  $^{13}\text{C}$ ,  $^2\text{H}$ ,  $^{17}\text{O}$ , and  $^{25}\text{Mg}$  contributions from  $(\text{C}_{12}\text{H}_{23}\text{MgO}_{14})^+$  to  $m/z$  416;  $^{18}\text{O}$  and  $^{26}\text{Mg}$  contributions from  $(\text{C}_{12}\text{H}_{23}\text{MgO}_{14})^+$  to  $m/z$  417 in the treated sample were significantly changed compared with the control sample. The treated sample might exhibit isotope effects such as altered physicochemical and thermal properties, rate of the reaction, selectivity and binding energy due to its reduced isotopic abundance ratios of  $P_{M+1}/P_M$  and  $P_{M+2}/P_M$  compared with the control sample. The treated magnesium gluconate might be helpful to understand the enzymatic reactions as well as to design the novel potent enzyme inhibitors by using its kinetic isotope effects. Besides, The Trivedi Effect® - Energy of Consciousness Healing Treatment (Biofield Energy Healing Treatment) could be a useful approach for the design of better nutraceutical and/or pharmaceutical formulations that can offer significant therapeutic responses against various diseases such as diabetes mellitus, allergies and septic shock; stress-related disorders like sleep disorder, insomnia, anxiety, depression, Attention Deficit Disorder (ADD), Attention Deficit Hyperactive Disorder (ADHD), mental restlessness (mind chattering), brain fog, low libido, impotency, lack of motivation, mood swings, fear of the future, confusion, migraines, headaches, forgetfulness, overwhelm, loneliness, worthlessness, indecisiveness, frustration, irritability, chronic fatigue, obsessive/compulsive behavior and panic attacks; inflammatory diseases and immunological disorders like Lupus, Systemic Lupus Erythematosus, Hashimoto Thyroiditis, Type 1. Diabetes, Asthma, Chronic peptic ulcers, Tuberculosis, Hepatitis, Chronic active hepatitis, Celiac Disease (gluten-sensitive enteropathy), Addison Disease, Crohn's disease, Graves' Disease, Pernicious and Aplastic Anemia, Sjogren Syndrome, Irritable Bowel Syndrome (IBS), Multiple Sclerosis, Rheumatoid arthritis, Chronic periodontitis, Ulcerative colitis, Chronic sinusitis, Myasthenia Gravis, Atherosclerosis, Vasculitis, Dermatitis, Diverticulitis, Rheumatoid Arthritis, Reactive Arthritis, Alopecia Areata, Psoriasis, Scleroderma, Fibromyalgia, Chronic Fatigue Syndrome and Vitiligo; aging-related diseases like cardiovascular disease, arthritis, cancer, Alzheimer's disease, dementia, cataracts, osteoporosis, diabetes, hypertension, glaucoma, hearing loss, Parkinson's Disease, Huntington's Disease, Prion Disease, Motor Neurone Disease, Spinocerebellar Ataxia, Spinal muscular atrophy, Amyotrophic lateral sclerosis, Friedreich's Ataxia and Lewy Body Disease, chronic infections and many more.

## Abbreviations

A: Element; LC-MS: Liquid chromatography-mass spectrometry; M: Mass of the parent molecule;  $m/z$ : Mass-to-charge ratio; n: Number of the element; NMR: Nuclear magnetic resonance spectroscopy;  $P_M$ : The relative peak intensity of the parent molecular ion [ $M^+$ ];  $P_{M+1}$ : The relative peak intensity of isotopic molecular ion [ $(M+1)^+$ ];  $P_{M+2}$ : The relative peak intensity of isotopic molecular ion [ $(M+2)^+$ ];  $R_t$ : Retention time.

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